



CONGREGATION TORAS CHAIM

An intimate space...Grow at your pace.

August 27, 2016 ■ 23 Av, 5776 ■ Shabbos Eikev
Candlelighting: 7:40P ■ Shabbos Ends 8:47P

Kiddush this Shabbos is sponsored by Noach & Haddassah Klug as they prepare to move to Passaic, NJ this week. "We wish everyone much brocha, happiness, health and hatzlocho in all your endeavors." – Family Klug. Shalosh Seudos this Shabbos is sponsored by the shul. Please contact Rabbi Yaakov Rich at 972-835-6016 if you are interested in sponsoring kiddush or shalosh seudos in the future.

■ SHABBOS SCHEDULE

Friday Night, August 26th

- » Mincha/Kabbalos Shabbos/Maariv – 7:00P
- » Candlelighting – 7:40P (Should light by 7:25P unless great need to delay.)

Shabbos Day, August 27th

- » Shacharis followed by Kiddush–8:30A
- » Pirkei Avos for M&W–5:55P
- » Chumash Shiur for M&W–6:40P
- » Mincha/Shalosh Seudos for men in shul – 7:25P
- » Shalosh Seudos for women & young children at the Rich home – 7:25P
- » Maariv/Shabbos Ends–8:47P

■ WEEKDAY SCHEDULE

- » Weekday Shacharis–6:40A
- » Mincha/Maariv followed by NQ Daf HaYomi (Kesuvos)–7:35P

■ REFUAH SHELAIMA

MEN

- » Yaakov Shmuel ben Rochel (Uncle of Tricia Sutkin)
- » Yisroel Michoel ben Shulamis (Father of Chani Tkatch)
- » Zoosav ben Leeba (Father of Suzanne Luftig)
- » Yisroel ben Malka (Friend of Suzanne Luftig)
- » R' Moshe ben Chana Sara Leah (Rebbi of Ari Goldberg)
- » Yechiel Mordechai ben Devorah (Brother of Ken Jarmel)
- » Itai ben Shoshana (Son of Ehoud & Shoshana Wilson)
- » Mattisyahu Chaim ben Ettel (HaRav Mattisyahu Solomon)

WOMEN

- » Leah Esther bas Yenta Leah (Lori Jarmel)
- » Yenta Leah bas Shayna (Mother of Lori Jarmel)

■ WHAT'S NU AT CTC

- » **Tzeischem L'Shalom** to Noach & Haddassah Klug and family who are moving to Passaic, NJ this week. It has been short, but sweet having y'all in our CTC family the past couple years. We wish you Brocha v' Hatzlocha in your move.
- » **Catered Yahrzeit Breakfast & Speaker in Memory of Hershel Krycer, A"H** – Sunday, Sept. 4 at 9 AM the congregation (men & women, adults and teens only please) are invited to special catered breakfast on the yahrzeit of Hershel Krycer, A"H. Special guest speaker will be Rabbi Peretz Shapiro. Breakfast is sponsored by Dr. BJ & Brocha Adrezin. Please RSVP to Rabbi Rich at (972) 835-6016 or rabbi@toraschaimdallas.org so we have an idea of how much food to prepare. Thank you.
- » **Rosh Hashana/Succos Wine & Liquor Order:** TBD at kiddush.
- » **Chuck Ribs Available for Purchase:** Congregation Toras Chaim has a huge supply of the best quality Chuck Back Ribs. Mouth watering, fall-off-the-bone tender meat. We need to sell everything. We are offering these ribs to the community at the steeply discounted prices of \$7.50 / lb or \$6.00 / lb / case. Contact Rabbi Rich at (972) 835-6016 or yrich@toraschaimdallas.org

■ IT SURE FEELS LIKE A BLESSING: RABBI LABEL LAM

And it will be, if you hearken to My commandments that I command you this day to love HASHEM, your G-d, and to serve Him with all your heart and with all your soul. (Devarim 11:13)

and to serve Him with all your heart: i.e. with a service of the heart, and that is prayer... (Rashi and to serve Him with all your heart: i.e. with a service of the heart, and that is prayer.)

This verse is the source of the requirement for prayer which is titled, "service of the heart". It's certainly not a cardiovascular activity! In which way then is it a service of the heart? If it's an exercise of the heart then why do we move our lips when praying?

At the risk of sounding irreverent more fundamental questions can be asked. Why should we pray-asking G-d for anything? HASHEM already knows what's good for us! Also, how can I hope to change HASHEM's mind or convince HASHEM through the process of prayer? To an earthly judge I can bring new evidence but not here!

When you want to do something well, it's worthwhile to find the best example of that endeavor and to use as a model of excellence to learn

from. When the sages were constructing a template for optimal prayer they searched for and found the most successful prayer of all time.

Chana was desperate for a child. Her prayer was answered and Shmuel was born. He became a prophet and a leader who appointed King Shaul and Dovid HaMelech. That prayer shaped the contour of our history forever. What did she do differently?

The verse informs us, "Chana, she was speaking on her heart, only her lips were moving, and her voice was not heard and Eli thought her to be a drunken woman." (Shmuel A- 1:13) Part of that sounds familiar. We too move our lips and speak in an undertone that cannot be heard by our neighbor. It was so novel that Eli the Cohen thought she was exhibiting signs of drunkenness.

Another question jumps off the page about Chana's action. She is described as speaking on her heart! Isn't she speaking to HASHEM? Isn't that what true Tefilla is all about!? Of course! So why is that the description of what she was doing? The Chovos HaLevavos writes in reference to prayer, "The thoughts are drawn after the speech!" King David said similarly, "I believed because I spoke..." Speaking in a certain way impacts how we think and feel- how we believe and experience.

In much the same way that actions groove our attitudes. Someone said, "It is easier to act your way into a better way of feeling than to feel your way into a better way of acting!" The Mesilas Yeshrim said the same thing, "External action awakens the internality!" The Sefer HaChinuch also included this notion most often as the reason or flavor of a Mitzva, "A person is affected by what he does!"

Like the great Matriarchs, Chana was without a child for many years. All that time she continued to pray! Chana is suddenly answered affirmatively? How did she change HASHEM's mind? For those many years Chana was speaking on her heart. While she was talking to HASHEM, someone was eaves dropping on her private conversations.

It wasn't Eli! He couldn't hear her and as a result thought she was drunk. It was Chana! She was continuously being affected by her own words, "Boruch ata HASHEM..." You are the only source of blessing HASHEM and the only address for what I need! She became more deeply convinced.

At some moment the idea that she grasped intellectually penetrated her heart and from there she made a successful appeal. So what changed? She changed! Chana changed the quality of her mind with the work of the heart! Asking HASHEM for our personal needs aligns us with the Source of Blessing. Then when whatever we seek is granted, it sure feels like a blessing!

■ REBBITZEN ESTHER JUNGREIS A"H – AN APPRECIATION

She was America's rebbetzin, America's mother, America's bubby. Indeed, if there is royalty in America, Rebbetzin Esther Jungreis was queen.

Somehow, everyone knew her. Everyone respected her. Everyone loved her. Unaffiliated Jews. Reform Jews. Conservative Jews. IDF soldiers. American soldiers. Bais Yaakov girls. Presidents. Prime ministers.

A love for Judaism burned deeply inside Rebbetzin Jungreis, and she channeled that love to inspire hundreds of thousands of people toward Torah and mitzvos. She started the first ba'al teshuvah revolution, bringing Jews to Hashem. She was an adviser and loving mother to tens of thousands.

When she arrived on the shores of this country, she was a frightened young girl, just liberated from a Nazi concentration camp. Eventually she became an inspiring leader and teacher of Judaism, accompanying the president of the United States to Israel, addressing the U.S. armed forces and the IDF, leading outreach seminars in Madison Square Garden.

Who was this remarkable woman, and where did she come from?

Rebbetzin Jungreis was born in 1936 in Szeged, Hungary. At the time, it was a city of approximately 5,000 Jewish residents. Szeged, located in the middle of the Carpathian Basin, is the third-largest city in Hungary and located on its southern border.

A liberal city, Szeged was home to Neolog Judaism, tantamount to Reform Judaism. Rebbetzin Jungreis's father, Rav Avrohom HaLevi

Jungreis, zt'l, came to the city to do what the Rebbetzin would best be known for: kiruv. He built a shul and, slowly but surely, built a religious community. Rav Jungreis was Szedeg's beloved chief rabbi. He welcomed everyone to the shul—Neologs, the unaffiliated, and the more traditional as well.

Hungary was aligned with Nazi Germany, and Szedeg's young Jewish men were taken away to help the Nazi war effort. Somehow Rabbi Jungreis and his young daughter Esther would go to see these young men, bearing messages of hope as well as medicine—sewn into her coat—to distribute as needed.

Initially, the gentiles of Szedeg were very tolerant toward its Jews. This changed when the Horthy regime came into power. The Jungreis family experienced an anti-Semitism that they had not seen before among the townspeople. Then on March 19, 1944, the Nazis occupied the city.

Soon, a Jewish ghetto was created. Food was scarce. Destruction was in the air. But Rav Jungreis was there for his brethren. He advised. He comforted. And he set an example for the young Esther Jungreis.

In June 1944, there were two transports from Szedeg. The Jungreis family was deported. In the concentration camp of Bergen-Belsen, Rabbi Jungreis somehow was able to procure a shofar. Many years later, Rebbetzin Jungreis would see that very shofar, while lecturing in Neve Aliza in Eretz Yisrael. Another rav, who together with Rav Jungreis had helped procure that shofar, had saved it.

In America After liberation, the Jungreis family arrived in 1947 and settled in a small basement apartment in East Flatbush. There her father continued his kiruv efforts. He enlisted young Esther to invite children to play and to welcome them to their Shabbos table. He gave out candies and cookies that his wife had baked and taught them to make berachos. Her father eventually built a shul and a yeshiva in Canarsie.

The young future rebbetzin married an orphaned third cousin who also was part of the she'eiris ha'pleitah, Rav Meshulem HaLevi Jungreis, zt'l. The newly married Rabbi Jungreis took a position as a rav in Paterson, New Jersey. Eventually the couple settled in North Woodmere, New York, where Rav Jungreis became the rav of Ohr Torah.

The Hineni Movement Although the information shocks many people now, the Rebbetzin consulted with Rav Yoel Teitelbaum, the Satmar Rebbe, zt'l, who advised her to go ahead and form her Hineni kiruv movement in 1973. (It is a fact. No Satmar Rebbe, no Hineni.)

The Rebbetzin genuinely believed that the Torah was everyone's heritage. She stoked the pinteile Yid of virtually everyone she met into a raging fire of Torah and Yiddishkeit. She exuded a youthful, non-judgmental attitude to relating to others that struck all she came in contact with as remarkably genuine.

The Rebbetzin gave classes, ran Shabbatons and seminars, and kept in touch with those she met. She built the Hineni movement into a kiruv force on the map of America. Her lessons and lectures were simultaneously inspiring and deep. She had an uncanny ability to find the most inspiring passages in a meforash and use it to bring others to avodas Hashem. She wove themes together better than any homiletics professor. But Hineni was no mere organization—it was filled with warm, caring people who gave individualized advice and love. Her children joined here at her side as well, and together they served Klal Yisrael.

Kiruv Krovim The Rebbetzin also inspired the krovim as well. She spoke at Bais Yaakov schools, inspiring thousands of Bais Yaakov students. Every Shabbos before Rosh Chodesh she would speak at the Agudas Yisroel of Long Island and impact even more people.

Her husband tragically passed away at a young age. And yet she persevered in her efforts and raised a family too. She had witnessed the destruction of her people in the concentration camps during the Holocaust, yet she was not bitter. Somehow the experience shaped her and focused her on her life's mission.

Rebbetzin Jungreis wrote a remarkably well-received advice

column in the Jewish Press which touched countless people. People who were completely secular recognized how vastly superior her advice was to the secular advice columns. The columns too were a remarkable kiruv tool.

The Rebbetzin created facts on the ground. She spoke to IDF soldiers and was an effective kiruv force. She did what army rabbis could not do. There are thousands of children of people whom she has brought under the wings of Torah. Yeshiva students, young men in kollel, families in Manhattan, in Eretz Yisrael, across the nation—all came to a world of Torah and mitzvos through her.

The Rebbetzin authored several inspiring bestsellers, including *The Jewish Soul on Fire*, *The Committed Life*, *The Committed Marriage*, and *Life Is a Test*. *The Committed Life* is such a remarkable book that rabbis in kiruv own several copies to give out to others. This author knows of several people who came to Yiddishkeit primarily from reading this book.

Her grandson, visiting her on an erev Shabbos, once inquired why she was so tired. The answer he got was shocking, but gives a glimpse of who this person was. The Rebbetzin gave shiurim every Thursday evening. After the shiur, she would sit and meet with people, advising them and giving chizuk. When would she return home? She would get back at 6 in the morning. This was a woman in her late seventies!

The Rebbetzin enriched lives with her enthusiasm for life. She consoled in ways that others could not. Her love and her smile touched everyone's soul; always speaking from her heart, she drew people toward her.

Rebbetzin Jungreis's love for her family was also remarkable. She would tell her grandchildren not to knock on her door or ask permission to take food and the like, because this was their home, too. She leaves four children—Rabbi Yisroel Jungreis, Rabbi Osher Jungreis, Rebbetzin Chaya Sora Gertzulin, and Slova Chana Wolff. She has close to 50 grandchildren, over 80 great-grandchildren, and tens of thousands of other children—her students and those she has inspired.

Her legacy to Klal Yisrael is threefold. She leaves us with a large oeuvre of inspiring writings that will continue to bring thousands of people back to Avinu She'BaShamayim for generations to come; she leaves us with tens of thousands of inspired ba'alei teshuvah who have enriched Klal Yisrael; and she leaves us with a cadre of warm and loving students who have themselves been infused with that same love of people that she demonstrated all these years.

Naflah ateres rosheinu. Rebbetzin Esther Jungreis was the crown of her people. Her love, her teachings, her shining example of what one individual can do will be part of Klal Yisrael for centuries. It was a true z'chus for our generation to have her in our midst.

■ PREPARE FOR ELUL WITH VAST ONLINE LIBRARY OF RABBI KIRZNER ZT"LS SHIURIM

Some gedolei Torah come through this world for a short time, make a tremendous impact and then, for reasons we may never understand, must leave us early. However these great teachers' influence outlives them, in the afterglow of those whose lives were changed by their shiurim and guidance. One such light in this world was Rabbi Kirzner zt"l.

RabbiKirzner.org was started not only to stand as a resource, but as a way of contributing financially to his family — 100% of proceeds go directly to the wife and 11 children that he left behind. Rebbetzin Kirzner is the head of her community's Beis Yaakov and has continued to raise her children to Torah, chuppah, and maasim tovim after the passing of her husband. Now is also a great time to explore the site's many shiurim on Elul and the high holidays. For the meager contribution of \$3/shiur, visitors to the site can not only learn from and enjoy Rabbi Kirzner zt"l's timeless lessons, but they can also know that they are making a contribution to his family.

Good Shabbos

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■ CLASSES

» Before Shacharis Gemara Yevamos for men (M-Fr, 6-6:40A)

» NQ Daf HaYomi Kesuvos for men (Sunday-Thursday following Maariv)

» Pirkei Avos for men & women (Shabbos 90 mins before mincha)

» Chumash for men & women (Shabbos 45 mins before mincha)

» Supercharge Your Sundays for men (Sunday after Shacharis for 45 mins., with R' Noach Klug)

» Marriage Chaburah for women (Tuesday 7:15-8:00P)

» In-Depth Hilchos Shabbos for women (Time is Changing)