

CONGREGATION TORAS CHAIM WISHES YOU A WONDERFUL

Shabbos Parshas Bamidbar

FRIDAY NIGHT, JUNE 7TH

- » Candles 8:16 PM
- » Mincha/Kabalas Shabbos/Maariv 7:00 PM

SHABBOS DAY, JUNE 8TH

- » Shacharis followed by Kiddush 8:30 AM
- » 15-min Pirkei Avos Shiur for Women following Kiddush
- » Women & Children S"Y 6:00 - 7:30 PM
- » Abudraham on Tefilla for Men & Women with Rabbi Avraham Chaim Bloomenstiel 7:20 PM
- » Mincha 8:05 PM
- » Sunset 8:35 PM
- » Talmud Shiur: Gemara Avoda Zara following Mincha
- » Maariv 9:17 PM
- » Shabbos Ends 9:25 PM

A WISE MAN WOULD SAY: "A REAL FRIEND IS ONE WHO WALKS IN WHEN THE REST OF THE WORLD WALKS OUT!"

REFUAH SHELAIMA

Men

- » Yaakov Yehoshua ben Perel Soroh (Son of Friend of Dovid Teitlebaum)
- » Hillel ben Simcha (Jeff Lubin)
- » Daniel Ze'ev ben Miriam (Brother of Josh Rothstein)
- » Yitzchak ben Yocheved (BIL of Moshe Bush)

Women

- » Sipke Grune bas Lillian (Mother of Jeff Luftig)
- » Tali bas Aviva (Daughter of Aviva Bass)
- » Shoshana Gittel bas Chaya Leah (Sister of Naomi Goldberg)
- » Naama bas Devorah Miriam (Granddaughter of Rabbi & Rebbetzin Rich)
- » Rena Esther bas Yaffa Gita (Friend of Yael Bodenheimer)
- » Chana bas Hendel (Friend Of Yael Bodenheimer)

SHABBOS KIDDUSH SPONSORED BY

- » the members of the Guarantee Kiddush Club: Bloomenstiel, Borrayo, Lurie, Marcelino, Martin, Eliyahu Rich, Rabbi and Rebbetzin Rich and Rothstein families

CTC SCHEDULE OF SHIURIM/TEFILLAH (Week of June 9, 2024)

Men

- » Gemara Bava Kama, Mon - Fri, 6:00 - 6:30 AM
- » **Shacharis, 6:30 AM**
- » Amud HaYomi Sanhedrin: Sunday - Friday, 12 -1 PM, On Zoom with Rabbi Yaakov Rich. Email Rabbi Rich for the link.
- » Marriage Chabura for men, Sun, 7:50 - 8:20 PM

- » Mesillas Yesharim, Mon - Thur 7:50 - 8:20 PM
- » **Mincha/Halacha/Maariv, Sun - Wed, 8:20-8:55 PM**
- » Gemara Bava Basra, Sunday - Wednesday, following Maariv for 30 minutes
- » NEW: CTC Beis Medrash in conjunction with Dallas Kollel, Thursdays following 8:20 PM Mincha for one hour, followed by Maariv and refreshments.

Women

- » Parsha Shiur for Women with Rabbi Michael Bodenheimer, Sundays, 8:00 - 8:30 PM

CTC SHAVUOS LUNCHEON, SUNDAY, JUNE 13

- » This is a FREE Luncheon but online registration is required. <https://www.toraschaimdallas.org/ctc-shavuos-5784-2024/>

REBUILDING PROJECT by Marshall Lestz.

(We are excited to share this column with you each Shabbos in the spirit of helping to repair our relationships and thereby contribute to rebuilding the Beis HaMikdash.)

WHAT'S THE HAPPIEST MOMENT IN YOUR LIFE?

I SAW AN ARTICLE a while back about the oldest person in the world. She was a Japanese woman who was 117 years old. She was asked what the happiest moment in her life was. Her answer was profound:

"Today."

Isn't that awesome! Her happiest moment was just being alive! We're also happy to be alive, but for her, it was the highlight of her life!

How do you think that woman reacts when the dinner she's served is a little cold? Or when someone doesn't make her bed the way she likes? It's funny to even imagine that this woman would get irritated over things like that, right? She's living so BEYOND those little annoyances. It's likely that her mood isn't dependent on external events, but determined by one overriding factor: whether or not she's alive! And since the answer to that is a resounding "yes," then she chooses to be happy. How powerful!

If you've ever had a near death experience, you know what this is like. The moment right after it happens, we're so relieved, thrilled and thankful to be alive that nothing else matters. It's that rare moment when we have that super clear perspective of how precious life is.

Over time, we can train ourselves to think like this, and LIVE like this! If we set the baseline for our happiness at simply being ALIVE, the things that normally stress us out won't affect us nearly as much. They become trivial in comparison to being alive. And what's also cool is that we'll start to appreciate the countless positive things that we typically take for granted. Why? Because all that good stuff is now like a BONUS, like icing on the cake! "I'm not just alive, thank G-d, but I also own a car?! What?! That's incredible!..." "I'm not just alive, but I have a refrigerator filled with food?! No way! How awesome!..." "I'm not just alive, I also have a job, I can see, I have running water, I remembered my log-in password?! This is crazy! Thank you Hashem!"

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Shabbos Parshas Bamidbar

From now on, when we wake up and say the short Modeh Ani prayer, let's remember that we're literally thanking G-d for BEING ALIVE. Maybe we can take 5 extra seconds to let those words penetrate our hearts and set the tone for our day. The happiness it generates will help us to be more productive, build stronger relationships, and feel closer to Hashem! Let's not wait till we're 117, let's start today!

Have a lively day, everybody. Keep on Building!

TIDBITS

Tachanun is omitted from Rosh Chodesh Sivan through Isru Chag Shavuos. Some, including most Nusach Sefard congregations, omit Tachanun through the 12th of Sivan. The Yehi Ratzons recited after Kerias HaTorah on weekdays are also omitted, as well as Tzidkas'cha at Minchah on Shabbos.

The three days prior to Shavuos (this Sunday, Monday and Tuesday, June 9th-11th) are referred to as the Sheloshes Y'mei Hagbalah, the three days of separation. In the Midbar, the Bnei Yisrael utilized these three days to prepare themselves for Kabbalas HaTorah. For those who observed the Sefirah mourning restrictions beginning from the first day of Rosh Chodesh Iyar ("second half"), the restrictions end Sunday morning, the first day of the Sheloshes Y'mei Hagbalah. (For those who began observing the "second half" Sefirah mourning restrictions from after Rosh Chodesh Iyar, the restrictions end Tuesday morning, Erev Shavuos.)

Sefirah: On Friday night we count the 46th day of the omer.

The first opportunity for Kiddush Levana is Sunday, June 9th. The final opportunity is Thursday, June 20th.

As the precarious situation in Eretz Yisrael continues, each person should increase reciting tehillim and performing other mitzvos as a zechus for the many Acheinu Beis Yisrael in travail and captivity as well as for the soldiers in battle.

The Sheloshes Y'mei Hagbalah are this Sunday, Monday and Tuesday, June 9th-11th.

Shavuos begins this Tuesday evening, June 11th.

BAMIDBAR: Each tribe, excluding Levi, is counted • The men ages 20-60 (besides Shevet Levi) amount to 603,550 • The arrangement of the tribes around the Mishkan • Shevet Levi replaces the firstborn in performing the Mishkan services • The special status of the Kohanim and Levi'im • Levi'im aged 30 days and up are counted; they total 22,300 • The firstborn of the 12 shevatim (besides Shevet Levi) are counted; they total 22,273 • 22,000 Levi'im each redeem a firstborn; the remaining 273 are redeemed with 5 silver coins (300 Levi'im were themselves firstborn, and could only "redeem themselves") • The family of Kehas is charged with carrying the sacred vessels • Kohanim are instructed regarding preparing the Mishkan vessels for travel • The family of Kehas is warned not to approach the Kodosh Kodoshim

Haftarah: The Bnei Yisrael in the midbar experienced a significant population growth. The haftarah begins by comparing the great numbers of Bnei Yisrael to the innumerable grains of sand at the shore.

Parashas Bamidbar: 159 Pesukim • No Mitzvos listed

"Record the children of Levi... all males from the age of one month and above you shall record" (Bamidbar 3:15)

The census of each shevet counted the adult males from the age of twenty years, with the exception of Shevet Levi, of which all boys were counted from thirty days and older. Why was the Shevet of Levi counted from the young age of thirty days while the other shevatim were counted only from the age of twenty years?

Rashi writes that from a young age a Levite is considered a "shomer mishmeres hakodesh" - watchman of the kodesh. Rav Moshe Feinstein zt"l explains that most of the nation led mundane lives subject to the challenge of balancing earning a livelihood alongside their spiritual pursuits. Therefore, until the age of twenty a person was not considered established enough to be considered a full-fledged member of the tribe. Members of Shevet Levi, however, were dedicated solely to Avodas Hashem. This position and lifestyle were their sole heritage, transmitted from father to son, therefore, even a young Levi was already considered dedicated and destined to be "shomer mishmeres hakodesh". Rav Moshe explains that a parent's spiritual level and dedication to Torah is transmitted to his children, and secures their dedication to being a true Torah Jew. Chag Shavuos, the Yom Tov of Kabbalas HaTorah, is an opportune time for one to reaffirm his dedication to Torah and Torah learning, nurturing a Torah life for himself and the future of klal yisrael.