

CONGREGATION TORAS CHAIM WISHES YOU A WONDERFUL

Shabbos Parshas Lech Lecha

FRIDAY NIGHT, NOV 8

- » Candles 5:11 PM
- » Mincha/Kabalas Shabbos/Maariv 5:10 PM
- » Shabbos Begins 5:29 PM

SHABBOS DAY, NOV 2

- » **NEW EARLIER TIME:** Shacharis followed by Kiddush 8:00 AM
- » 15-min Pirkei Avos Shiur for Women following Kiddush
- » Women & Children S"CS 5:00 - 6:00 PM
- » Mincha 5:00 PM
- » Sunset 5:29 PM
- » Talmud Shiur: Gemara Avoda Zara following Mincha
- » Maariv 6:11 PM
- » Shabbos Ends (50 min) 6:19 PM
- » Rabbeinu Tam (72 min) 6:41 PM

A WISE MAN WOULD SAY: "THE BEST WAY TO MAKE YOUR DREAMS COME TRUE IS TO WAKE UP!"

REFUAH SHELAIMA

Men

- » Hillel ben Simcha (Jeff Lubin)
- » Daniel Ze'ev ben Miriam (Brother of Josh Rothstein)

Women

- » Devorah bas Heni (Friend of Aviva Bass)
- » Michal Leah bas Devora (Daughter of Devorah bas Heni)
- » Sipke Grune bas Lillian (Mother of Jeff Luftig)
- » Shoshana Gittel bas Chaya Leah (Sister of Naomi Goldberg)
- » Naama bas Devorah Miriam (Granddaughter of Rabbi & Rebbetzin Rich)
- » Chana bas Hendel (Friend Of Yael Bodenheimer)

SHABBOS KIDDUSH SPONSORED BY

- » Luis and Melissa Borrayo

CTC SCHEDULE OF SHIURIM/TEFILLAH (Week of Nov 10, 2024)

- » Gemara Zevachim, Mon - Fri, 6:00 - 6:30 AM
- » **Shacharis, 6:30 AM**
- » Amud HaYomi Sanhedrin: Sunday - Friday, 12 -1 PM, On Zoom with Rabbi Yaakov Rich. Email Rabbi Rich for the link.
- » Mishnayos Shabbos 7:30 PM
- » **Maariv 8 PM**
- » Gemara Bava Basra 8:15 - 9:00 PM

REBUILDING PROJECT by Marshall Lestz.

(We are excited to share this column with you each Shabbos in the spirit of helping to repair our relationships and thereby contribute to rebuilding the Beis HaMikdash.)

THE STUDENT DRIVER PATIENCE PRINCIPLE

The other day I was sitting in the carpool line behind a car with a familiar sticker on the rear window. It said: PLEASE BE PATIENT, STUDENT DRIVER. It got me thinking... If this sticker does indeed help other drivers be more patient...WHY? Why does it work? How can a little sticker change the way we feel about someone's driving?

Well, we might hypothesize that it's because the sticker gives us a reason for why the car in front of us is driving on the curb, or straddling two lanes, or braking a half mile before a red light. We don't like it, but that little sticker softens the blow. It gives us an EXPLANATION for why in the world that car is driving so crazy. "Ooooh, it's a student driver. Okay, now I get it." But without an explanation, without a "why?," most of us are gonna be less patient. Bottom line, when we understand where the other person's coming from, it goes a long way to helping us remain calm.

Now think how beneficial this concept can be if we apply it to different areas of our lives! Every person has his or her "STUFF." We all do things that baffle other people. Could be a bothersome habit, unrefined trait, an insecurity... It's normal to have a few rough edges that rub people the wrong way. And the thing is, there's a REASON for all those behaviors. Those things might've been picked up in childhood, or inherited, or caused by a difficult experience... a million different reasons. But for our purposes, it just doesn't matter. All that matters is that there's a reason. And as with the student driver, when we know that there's a reason why someone's behaving a certain way, it REALLY helps us deal with it better.

So wouldn't it help us stay calmer if we remembered that there's a hidden reason for other people's behavior that bugs us? What if we imagined people wearing little stickers with messages like, "Please be patient, I was teased a lot when I was a kid so I tend to be overly sensitive." Or "Please be patient, I'm self-conscious when talking to new people." Or "Please don't get angry, I'm not really qualified for this job but I had to take it so I could pay rent."

For our sake, and the sake of everyone we tend to grow frustrated with, let's remember that there are reasons for the way they act. And if we knew those reasons, it might completely change how we see them and interact with them. The more empathy we can feel, the less hostility we'll feel. And just imagine what an incredible impact that could have on our lives, and all our relationships.

Have a patience-driven day everybody. Keep on Building!

TIDBITS

Parashas Lech Lecha • November 9th • 8 Cheshvan 5785

Shabbos begins considerably earlier following the change of the clock

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Shabbos Parshas Lech Lecha

from Daylight Savings Time. One should be cognizant of this to ensure he is properly ready to greet the Shabbos. (Sof Z'man Kerias Shema is significantly earlier as well.)

BeHaB begins this coming Monday, November 11th. BeHaB is a series of three fast days on the Monday, Thursday and subsequent Monday following the months of Tishrei and Nissan (BeHaB is an acronym for Beis (Monday), Hei (Thursday), Beis (Monday)). A Mi Shebeirach is recited before Mussaf this Shabbos for those who fast on these days. Many congregations recite Selichos on these days. The reasons given for BeHaB include: 1) to atone for any sins that one may have committed over Yom Tov; 2) to atone for work performed over Chol Hamoed; or 3) to strengthen the health of the body in anticipation of the change of season.

Those in Eretz Yisrael began adding V'sein Tal u'Matar to Bareich Aleinu at Maariv on 7 Cheshvan, this past Thursday, November 7th. Chutz La'Aretz will begin at Maariv on Wednesday night, December 4th. Someone traveling to or from Eretz Yisrael should seek halachic guidance.

The final opportunity for Kiddush Levana is Friday night, November 15th (ideally it should be recited prior to Friday night).

Daf Yomi - Shabbos: Bavli: Bava Basra 137 • Yerushalmi: Bikkurim 9 • Mishnah Yomis: Bava Basra 2:1-2 • Oraysa: Next week is Beitza 17b-19ba

Make sure to call your parents, in-laws, grandparents and Rabbi to wish them a good Shabbos. If you didn't speak to your kids today, make sure to connect with them as well!

The series of fast days of BeHaB begins this Monday, November 11th. LECH LECHA: Hashem commands Avram to migrate from his homeland; with the destination unclear • Avram, Sarai, and Lot travel to Canaan • Hashem promises the Land to Avram's children • A famine forces Avram to go to Egypt • Sarai is taken • Pharaoh and his household is stricken • Avram is showered with riches and banished • Friction between the shepherds of Avram and Lot cause them to separate • Lot settles in Sedom • Avram is commanded to traverse the Promised Land • In battles between the four kings and five kings, Lot is captured by the four kings • Avram defeats the four kings, rescues Lot • Malki Tzedek blesses Avram and Hashem • Avram refuses to take from the spoils • Hashem promises Avram children • The Bris Bein Habesarim • After not bearing Avram a child, Sarai gives Hagar to Avram as a wife; Hagar bears Yishmael • Avram is renamed Avraham • Commandment of Milah • Sarai is renamed Sarah; Hashem promises Sarah a son to be called Yitzchak • Hashem will make a covenant only with Yitzchak • Avraham, Yishmael and all of Avraham's household are circumcised.

Haftarah: Avraham Avinu recognized the Creator and spread the message of faith and belief in Him. In this week's haftarah, Yeshaya Hanavi (Yeshaya 40:27 - 41:16) relays this message of emunah and bitachon with words intended to inspire the nation to persevere in exile.

Parashas Lech Lecha: 126 Pesukim • 1 Obligation

1. Bris Milah, to circumcise a son on the eighth day of life, and a slave (eved k'nani) on the day of birth or acquisition. The Bris Milah is a physical reminder of the lofty status of a Jew.

"Hashem told Avram go for yourself"
For your benefit and for your good

Rashi explains that Hashem commanded Avraham to leave his homeland - as it would ultimately be good and beneficial. Rav Yitzchak Feigelstock zt"l asks, as Hashem sought to test Avram with this directive, why did he advise him of the outcome? Wouldn't it have been a bigger challenge had he not known this?

The Gemara (Kesubos 33b) tells us that Chanania, Mishael and Azaria chose to be thrown into fire instead of succumbing to the sin of idol worship; however, if they had been tortured extensively they would have succumbed. Rav Feigelstock explains that Chazal are teaching us that every nisayon is carefully measured so it be one attainable to man. For this reason Chanania, Mishael and Azaria were not presented with such tribulation. Although life throws a person challenges, these are not to serve as an obstacle but rather to be an attainable stage of growth. Hashem was advising Avram that although his nisayon was challenging, it was tailored to be achievable. As, ultimately, all nisyonos lead a person to greater good and benefit.